

Vegetarian Burgers Bharti Kirchner

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Summary:

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Vegetarian Burgers: The Healthy, Delicious Way to Eat ... Want a burger that's low in fat and cholesterol, high in nutrition and fiber, and simply delicious? Try a veggie burger. Not the bland bean burgers of yore, these burgers offer a wide range of exciting flavors, textures, and ingredients that give America's favorite food a unique vegetarian twist, and an international flavor. Vegetarian Burgers - Bharti Kirchner - Google Books Bharti Kirchner is the acclaimed author of The Healthy Cuisines of India, India Inspired, and The Bold Vegetarian, and is a frequent contributor to such magazines as Vegetarian Times. Born in India, she currently lives in Seattle, WA. Amazon.com: Customer reviews: Vegetarian Burgers While I am enjoying making the recipes from Mr. Kirchner's Vegetarian Burgers, I'm finding they require some ingredients I don't usually have in my cupboard, i.e., asafetida.

9780060951153 - Vegetarian Burgers by Bharti Kirchner Vegetarian Burgers by Bharti Kirchner. Morrow Cookbooks. Paperback. POOR. Noticeably used book. Heavy wear to cover. Pages contain marginal notes, underlining, and or highlighting. Possible ex library copy, with all the markings/stickers of that library. Accessories such as CD, codes, toys, and dust jackets may not be included. Vegetarian Burgers by Bharti Kirchner - blogspot.com This cookbook has a chapter devoted to each of five different types of burgers; grain and bean, vegetable, nut and seed, tofu, and stuffed burgers. Additionally, there's a chapter for side-dishes and one for condiments.